



Stronger Every Day™

Max Total™

Guided Coaching Console + Streaming Entertainment



MACHINE FEATURES

- » Triple-Positioned Handlebars
- » Water Bottle Holder
- » Integrated Media Shelf
- » Transport Wheels

MEET MAX

Personalized Coaching Technology

The JRNY™ console provides a personalized fitness experience that analyzes your fitness level, guides you through daily adaptive workouts, and lets you choose from trainer-led videos, scenic destinations that match your speed, and more.* View workout metrics from the JRNY™ console, or download the JRNY™ app to view from your smart phone or tablet.

Streaming Entertainment

Watch Netflix and Amazon Prime Video on the 9.6" touchscreen[†] and access your custom coaching* and workout metrics simultaneously without toggling between screens.

2-in-1 Motion

Max combines the full-body, low-impact motion of an elliptical with the calorie-burning power of a stepper and helps you reap the benefits of longer workouts in a matter of minutes. Whether you're looking to speed through your workout or cruise along with streaming entertainment, Max provides the best of both worlds.

*JRNY™ app subscription required.

†Streaming subscriptions not included.



WHY MAX?

<p>Personalized Coaching The JRNY™ console tailors workouts to your unique capabilities.*</p>	<p>Streaming Shows Binge action movies, comedy series, and more on the HD touchscreen.†</p>	<p>Low Impact This smooth, low-impact workout is easy to stick with for the long-term.</p>	<p>Save Time Smarter, personalized interval training makes even the shortest workouts count.*</p>
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TECHNOLOGY

- » Bluetooth® Connectivity
- » 9.6" Touchscreen (WiFi Connection Required)
- » JRNY™ Console
- » Explore the World™
- » Tracking for Unlimited Users
- » 20 Resistance Levels
- » 8 Workout Programs
- » Integrated Contact Heart Rate Grips
- » Bluetooth® Heart Rate Armband Included
- » USB Charging Port

MACHINE SPECS

Dimensions	1245 mm L x 775 mm W x 1664 mm H
Maximum User Weight	136 kg
Assembled Product Weight	67 kg
Power Source	Included AC Adapter



Built-In Touchscreen

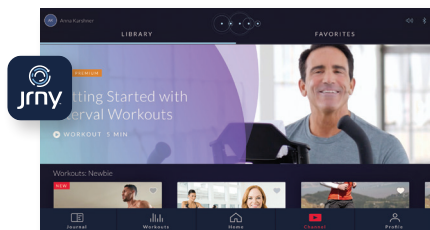


Triple-Positioned Handlebars



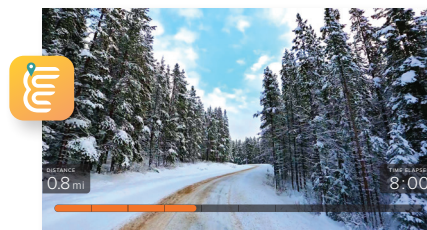
Contact Heart Rate Grips

JRNY™ CONSOLE



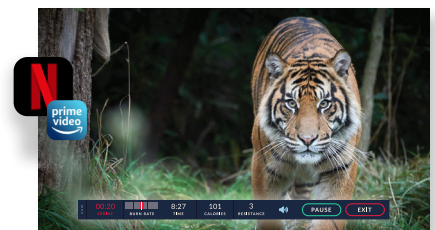
Guided Coaching

Custom workouts, trainer-led videos, feedback & tracking, Bowflex Radio, and more.*



Explore the World™

Experience dozens of virtual courses and stunning trails that automatically adjust to your riding speed.*



Streaming Entertainment

Access Netflix, Amazon Prime Video, and your workout metrics without toggling between screens.†

* JRNY™ subscription required. † Streaming subscriptions not included.